

Darnall Army Community Hospital, Fort Hood, Texas

Department of Pathology & Area Laboratory Services



Care - Quality - Readiness

INSTRUCTIONS **FASTING BLOOD CHEMISTRY – GENERAL**

- You are to have blood drawn for blood chemistry analysis.
- A 10-12 hours fasting state is required.
- You should arrive at the Laboratory from 0730 – 0900 hours, Monday through Friday. (Eat nothing after 2000 hours, 0800 P.M.). You may drink only water during this time period. Gum chewing is not permitted during this fasting period.
- Continue your medication unless otherwise instructed by your physician.